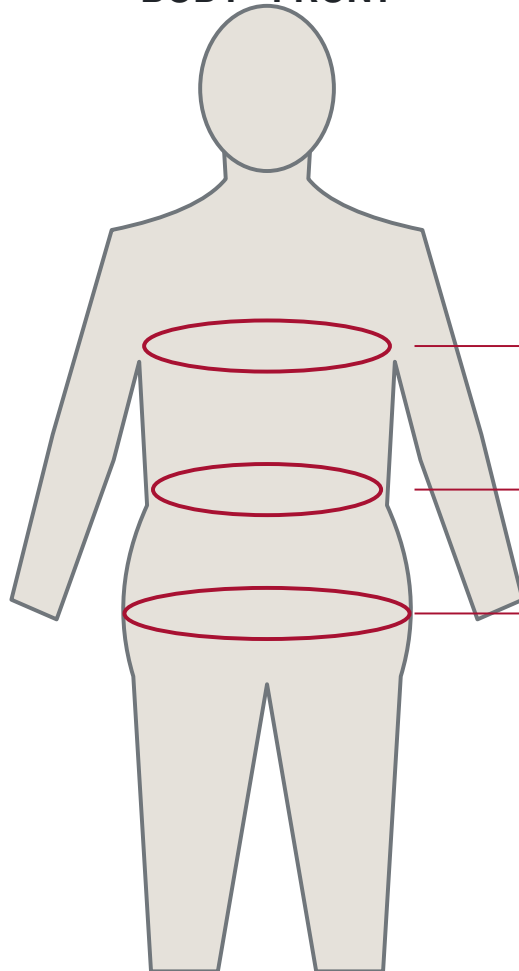


Customer body fit guide - measuring points

BODY - FRONT



Keep the tape level.

Stand naturally; do not pull it tight.

Chest

Natural waist

Full hip

Chest: around the fullest part.

Waist: around the natural waist.

Hip: around the fullest part of the seat.

These are full body circumferences.

Measurement illustration - not a sewing pattern or drawing to scale.

Body circumferences, measured over light clothing.

Customer body fit guide

Size	Chest	Natural waist	Full hip
XXS	80-84	64-68	82-86
XS	85-89	69-73	87-91
S	90-94	74-79	92-97
M	95-100	80-86	98-104
L	101-106	87-93	105-111
XL	107-112	94-100	112-118
2XL	113-120	101-108	119-126
3XL	121-128	109-116	127-134
4XL	129-136	117-124	135-142
5XL *	137-144	125-132	143-150
6XL *	145-152	133-140	151-158
7XL *	153-160	141-148	159-166
8XL *	161-168	149-156	167-174

* 5XL-8XL are calculated extensions awaiting physical garment checks. Body circumferences, measured over light clothing.

Choose your size

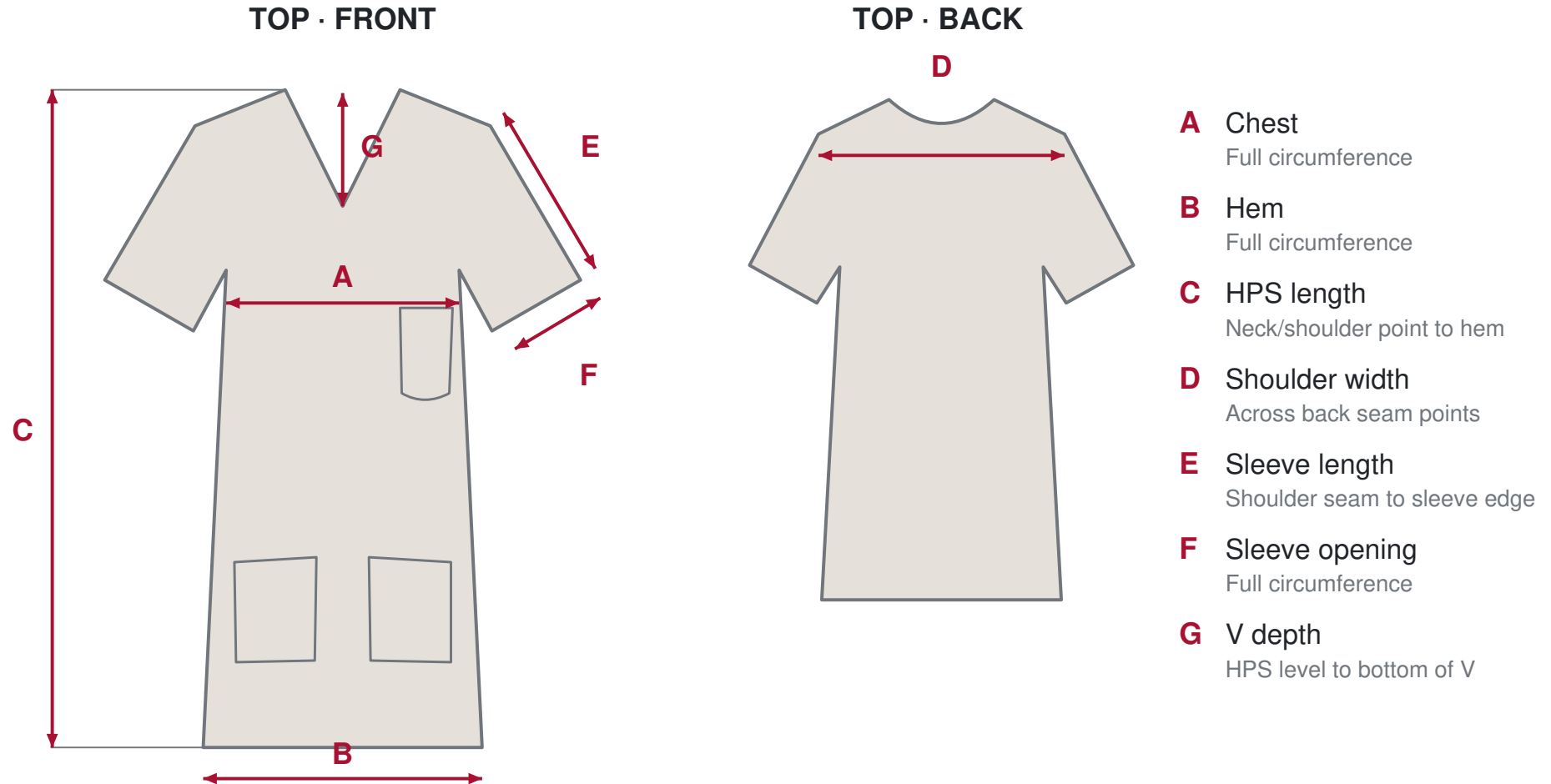
Measure over light clothing with a level, snug tape. Chest: fullest chest and back, arms relaxed. Natural waist: where your body bends to the side. Full hip: fullest hips and seat, feet together.

Choose the larger size required by chest and hip, then check that the same bottom size accommodates your natural waist. If a measurement falls between bands, choose the next size up: a 94.5 cm chest needs M. Contact DRKT if a measurement exceeds the guide.

Body measurements describe you. Finished garment measurements include wearing ease: extra room for movement.

Proposed DRKT measurements. XXS-4XL body, top and cuffed-bottom figures are supplied by DRKT; 5XL-8XL are calculated extensions. Straight-leg openings and the relaxed-cuff interpretation are provisional construction assumptions. Physical garment and fit checks are still required.

Finished scrub top - measuring points



Lay flat without stretching. For A, B and F, double the flat width.

Measurement illustration - not a sewing pattern or drawing to scale.

Finished garment measurements include wearing ease. Shoulder width is across the back.

Finished scrub top

Size	Chest circumference	Hem circumference	HPS length	Shoulder width	Sleeve length	Sleeve opening circumference	V depth
XXS	96	96	68	41	20	32	17.5
XS	100	100	69	42.5	20.5	33	17.8
S	104	104	70	44	21	34	18.1
M	110	110	72	46	22	36	18.5
L	116	116	74	48	23	38	18.9
XL	122	122	76	50	24	40	19.3
2XL	130	130	78	52.5	25	42.5	19.7
3XL	138	138	80	55	26	45	20.1
4XL	146	146	82	57.5	27	47.5	20.5
5XL *	154	154	84	60	28	50	20.9
6XL *	162	162	86	62.5	29	52.5	21.3
7XL *	170	170	88	65	30	55	21.7
8XL *	178	178	90	67.5	31	57.5	22.1

* 5XL-8XL are calculated extensions awaiting physical garment checks. Finished garment measurements include wearing ease. Shoulder width is across the back.

Measure a top laid flat

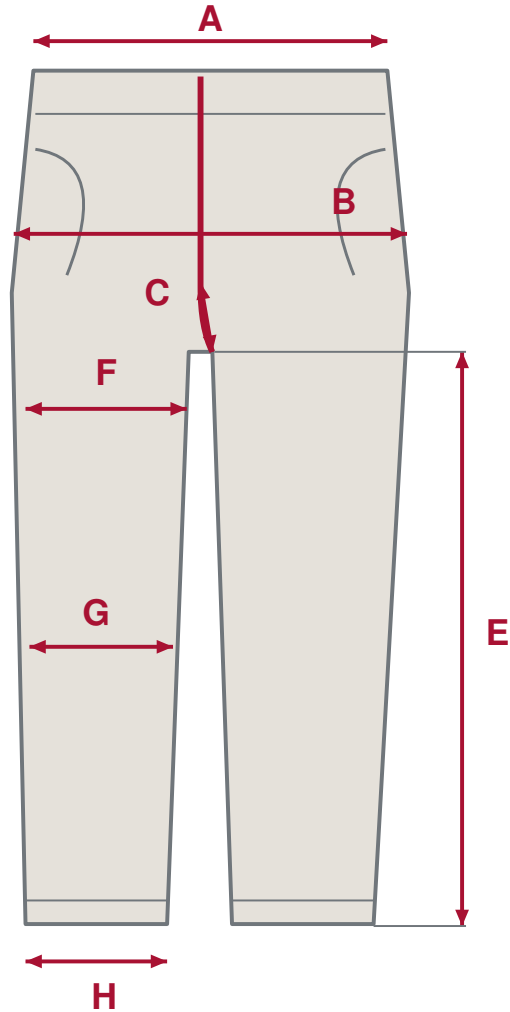
Smooth without stretching. Chest: side seam to side seam just below the armholes. Hem: across the finished edge. Sleeve opening: across the sleeve edge. Double these flat widths for circumference: 55 cm flat chest = 110 cm circumference.

HPS length: high shoulder point beside the neckline to hem. Shoulder width: across the back between shoulder seam points; do not double. Sleeve length: shoulder seam to finished edge. V depth: vertically from HPS level to the bottom of the V.

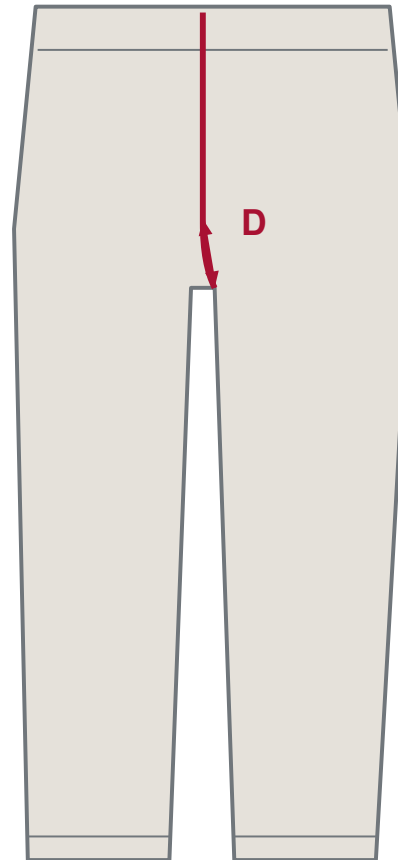
Chest, hem, sleeve opening, waist, hip, thigh, knee and leg openings are full circumferences. HPS, sleeve, V depth, rises and inseam are lengths. Shoulder is a width, not a circumference.

Finished straight-leg bottoms - measuring points

STRAIGHT-LEG BOTTOMS · FRONT



BACK



- A** Waist
Relaxed / stretched circumference
- B** Hip
Full circumference
- C** Front rise
Along centre-front seam
- D** Back rise
Along centre-back seam
- E** Inseam
Crotch seam to finished edge
- F** Thigh
Full circumference
- G** Knee
Full circumference
- H** Hem opening
Full circumference

Open hem equals knee circumference.

Measurement illustration - not a sewing pattern or drawing to scale.

Open hem: the proposed hem circumference equals the knee circumference. Inseam ends at the finished hem.

Finished straight-leg bottoms

Size	Waist relaxed / stretched	Hip circumference	Front rise	Back rise	Inseam	Thigh circumference	Knee circumference	Hem opening circumference
XXS	68 / 94	96	28	37	74	60	42	42
XS	72 / 98	100	28.5	37.5	75	62	43	43
S	76 / 102	104	29	38	76	64	44	44
M	82 / 108	110	30	39	77	67	46	46
L	88 / 114	116	31	40	77	70	48	48
XL	94 / 120	122	32	41	77	73	50	50
2XL	102 / 128	130	33.5	42.5	77	77	53	53
3XL	110 / 136	138	35	44	77	81	56	56
4XL	118 / 144	146	36.5	45.5	77	85	59	59
5XL *	126 / 152	154	38	47	77	89	62	62
6XL *	134 / 160	162	39.5	48.5	77	93	65	65
7XL *	142 / 168	170	41	50	77	97	68	68
8XL *	150 / 176	178	42.5	51.5	77	101	71	71

* 5XL-8XL are calculated extensions awaiting physical garment checks. Open hem: the proposed hem circumference equals the knee circumference. Inseam ends at the finished hem.

Measure bottoms laid flat

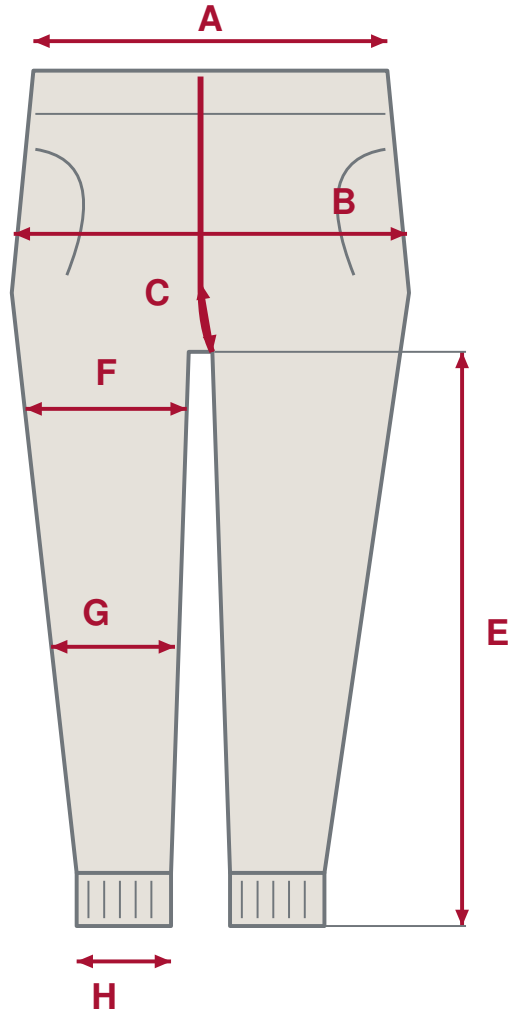
Measure the waistband relaxed, then stretched without forcing it; double each width. Measure the fullest hip/seat, thigh just below the crotch, knee line and finished hem; double each width. Keep the same positions when comparing garments.

Front and back rise: follow the centre-front or centre-back seam from the top of the waistband to the crotch junction. Inseam: follow the inside-leg seam from the crotch junction to the finished hem. These are lengths; do not double.

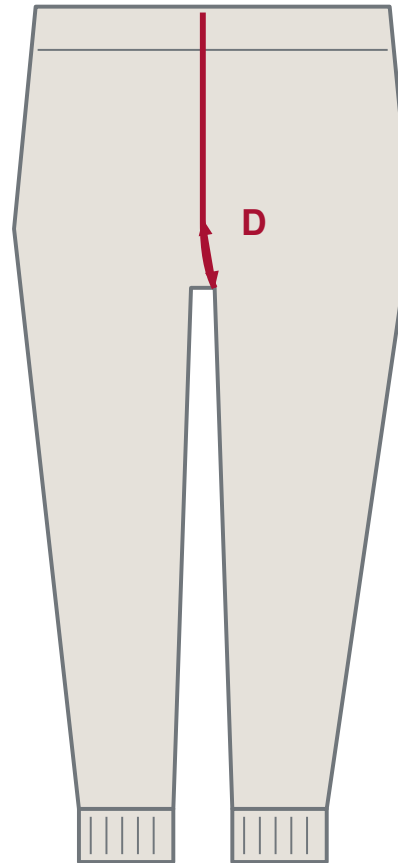
The proposed straight-leg hem equals the knee circumference, creating a straight lower-leg outline with an open ankle finish.

Finished cuffed bottoms - measuring points

CUFFED BOTTOMS · FRONT



BACK



- A** Waist
Relaxed / stretched circumference
- B** Hip
Full circumference
- C** Front rise
Along centre-front seam
- D** Back rise
Along centre-back seam
- E** Inseam
Crotch seam to finished edge
- F** Thigh
Full circumference
- G** Knee
Full circumference
- H** Relaxed cuff
Full circumference

Inseam includes the cuff.

Measurement illustration - not a sewing pattern or drawing to scale.

Tapered lower leg with an attached cuff. The stated inseam includes the cuff; do not add cuff height. Cuff values are relaxed circumferences, not maximum stretch.

Finished cuffed bottoms

Size	Waist relaxed / stretched	Hip circumference	Front rise	Back rise	Inseam	Thigh circumference	Knee circumference	Relaxed cuff circumference
XXS	68 / 94	96	28	37	74	60	42	22
XS	72 / 98	100	28.5	37.5	75	62	43	23
S	76 / 102	104	29	38	76	64	44	24
M	82 / 108	110	30	39	77	67	46	25
L	88 / 114	116	31	40	77	70	48	26
XL	94 / 120	122	32	41	77	73	50	27
2XL	102 / 128	130	33.5	42.5	77	77	53	29
3XL	110 / 136	138	35	44	77	81	56	31
4XL	118 / 144	146	36.5	45.5	77	85	59	33
5XL *	126 / 152	154	38	47	77	89	62	35
6XL *	134 / 160	162	39.5	48.5	77	93	65	37
7XL *	142 / 168	170	41	50	77	97	68	39
8XL *	150 / 176	178	42.5	51.5	77	101	71	41

* 5XL-8XL are calculated extensions awaiting physical garment checks. Tapered lower leg with an attached cuff. The stated inseam includes the cuff; do not add cuff height. Cuff values are relaxed circumferences, not maximum stretch.

Cuffs and custom length

Double the flat, relaxed cuff width for its circumference. This interpretation is provisional. Maximum stretched circumference and foot clearance require checks against the actual elastic and construction.

The cuffed inseam includes the attached finished cuff; do not add cuff height. Both proposed bottom styles share waist, hip, rises, thigh, knee and total inseam. Lower-leg shaping and openings differ.

Specify finished HPS length for tops and finished inseam for bottoms, in cm. Select Shortening or Custom / Lengthening on the product page. Contact DRKT before ordering a set needing separate top and bottom lengths. Availability and alteration charges remain as displayed at checkout.